



Mazen M. Alqahtani

Associate Professor and Consultant Physiotherapist

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About me

A highly motivated, confident individual with exceptional multi-tasking and organizational skills. Able to communicate effectively and sensitively with colleagues to maximize the work outcomes and to ensure solving of often complex workplace issues. Excellent academic and clinical experience with the ability to work closely with other healthcare professionals to assess the academic and clinical needs and devise suitable plans for robust results. Provides vision and dynamic leadership in an organization. Ambitious to inspire and pursue work and personal excellence among the work team to achieve targeted goals. Plays key role in policy development for graduate education, reviewing new programs, and fostering interdisciplinary programs. Chaired and participated in the National and International accreditation program for various disciplines. Excellent communicator with exceptional writing skills. Proficient in handling multimedia and E-health tools.

Current Work Experiences

Dean 2018 - present

College of Applied Medical Sciences

Majmaah University, Saudi Arabia

Executive Director 2018 - present

International Rehabilitation and Prosthetic center

Majmaah University, Saudi Arabia

Vice -Chairman 2018 - present

Board of executive members

International Rehabilitation and Prosthetic Centre,
Majmaah University, Saudi Arabia

Associate Professor 2019 - present

Department of Physical therapy & Health Rehabilitation

College of Applied Medical Sciences, Majmaah University, Saudi Arabia

Member 2019 - Present

University Scientific committee

Vice Rector for Graduate Studies and Research, Majmaah University, Saudi Arabia

Member 2020 - present

Committee for Research grants for distinguished publications

Vice Rector for Graduate Studies and Research, Majmaah University, Saudi Arabia

Member 2018 - present

Board of professional recruitment

Majmaah University, Saudi Arabia

Member 2019 - present

University Monitoring committee for academic work load

Majmaah University, Saudi Arabia

Head 2018 - present

Planning and Initiation of Master program

College of Applied Medical Sciences, Majmaah University,

Previous Work Experiences

Teaching Assistant 2011 - 2014

Loma Linda University - Loma Linda, CA

Chief Physical Therapist 2010 - 2011

King Fahad Specialist Hospital-Dammam - DammamA

Managing Rehabilitation administrative work and run ground case meetings. Worked as A representative for Allied Health Credentials Committee

Supervisor Physical Therapy OPD 2007 - 2008

King Fahad Specialist Hospital-Dammam - Dammam

Supervising all Rehabilitation OPD clinics

Managing all OPD administrative work and run ground case meetings

Senior Physical Therapist 2006 - 2007

King Fahad Specialist Hospital-Dammam - Dammam

Managing junior staff and medical screening clinic. Worked as a coordinator in the Allied Health Credentials Committee,2007.

Worked as Committee chair in Research Committee in the Physical Therapy Department,2007.

Physical Therapist 2004 - 2006

King Fahad Specialist Hospital-Dammam - Dammam

Treating patients with different medical ailments , specially of orthopedic, spine and vestibular problems. Worked as a Training Coordinator for interns from different universities and planned their internship period, 2006.

Languages

Arabic

Native language, Fluent (speaking, reading, writing)

English

Fluent (speaking, reading, writing)

Saudi Arabia

Head **2019 - present**

Planning and Initiation of Doctor of Physicaltherapy program

College of Applied Medical Sciences, Majmaah University, Saudi Arabia

Head **2019 - present**

Facilitation and planning of laboratories

Majmaah University, Saudi Arabia

Head of the Department **2015 - 2018**

Department of Physical therapy & Health Rehabilitation

College of Applied Medical Sciences, Majmaah University, Saudi Arabia

Personal Skills

- Great Verbal Communication
- Good Commercial Awareness
- Analyzing and Investigating Ability for problems and opportunity.
- Initiative
- Planning & Organizing
- Decision-Making and Action Planning
- Creative
- Leadership

Educational qualifications

- **Doctor of Science in Physicaltherapy**, Loma Linda University, Loma Linda, - CA, USA. (2014)
- **Master of Science in Rehabilitation sciences**, University of Pittsburgh - Pittsburgh, PA, USA (2010)
- **Bachelor of Science**: Physical Therapy and Rehabilitation, King Saud University - Riyadh, Saudi Arabia (2004)

Community Services

- Member in the Saudi in the USA association.
- SACM Mentors for providing academic advice for students.
- President of the Saudi Students Club in Pittsburgh University, 2007-2008.
- Co-founder of the Saudi House in Inland Empire which include four Universities in Southern California.
- Worked with the Saudi Consulate in Los Angeles, CA in the appreciation for the Para- Olympics, 2014

Awards

- Awarded the SACM Outstanding Student in 2010.
- Golden Key Award for Honor International Students 2013.
- Awarded the SACM Outstanding Student in 2014.
- Awarded King Abdullah University of Science and Technology Award for outstanding students 2014.
- Awarded Saudi Arabian Airlines for outstanding students 2014.
- Student Organization Awards from Professional Development Center,

Distinguished accomplishments

- First author to an article published in the Prestigious Journal of Vestibular Rehabilitation 2015.
- Named to the Dean's List 4 times in the program of Doctor of Science in Physical Therapy in Loma Linda University, Spring 2012, Fall 2012, Spring 2013, and Winter 2013.

Conferences and Courses

Academic Quality Practitioner

Education and Training Evaluation Commission - Riyadh, Saudi Arabia

16h - Nov 2020

Advanced Medical Taping Course

KFSH-D;

8th - 9th March 2011

4-12-2010Clinical Research & Quality Lectures Series

Dammam,Saudi Arabia

8th - 9th Dec 2010

Presentation Session Workshop;

KFSH-D, Dammam, SaudiArabia,

4-12-2010

Evidence-Based Manual Therapy

Boston, MA; USA

6-10-2010

The Annual Conference and Exposition of APTA Boston, MA, USA	6-10-2010
Weekly Clinical Rotation lectures at the University of Pittsburgh" Pittsburgh, PA. USA.	9-9-2010 - 3-10-2010
How to Develop Academic Program Learning Outcomes (PLOs) According to the (NQF-KSA) Education and Training Evaluation Commission - Riyadh, Saudi Arabia	11th - Oct 2020
A practical Review of a Programmatic Quality Management System against the NCAAA Evaluation Rubrics Education and Training Evaluation Commission - Riyadh, Saudi Arabia	10th - Oct 2020
Leadership and Quality Skills for Healthcare Practitioners Disabled Children's Association	27th - 30 Oct 2020
17th Asian Federation of Sports Medicine Congress Riyadh, Saudi Arabia	13th - 15th Dec 2019
Vestibular Rehabilitation: A Competency-Based Course" , Los Angeles, CA, USA,.	6th - 11th July 2017
Current Concepts in the Management of Individuals with Vestibular Dysfunction" , American Physical Therapy Association, Alexandria, VA, USA, 3 CME.	10th - July 2012
Retrain the Brain "Seminar Series: Integration of the Brain, Manipulative Therapy, and Movement Science"; Loma Linda, CA, USA,	8th Jan - 3rd July, 2012
Combined Section Meeting for APTA" , Different lectures and courses in PT, USan Diego, CA,	4th - 7th Feb 2012
American Physical Therapy Association's Annual Conference and Exposition Tampa Convention Center - Florida, USA	6th - 9th June 2012
Opportunity and Challenges for Faculty Members Today Academic Leadership Development Workshop - Washington DC, USA	5th - 11th May 2011
BLS for health providers Center for Emergency Medicine, Pittsburgh, PA; USA.	Feb-2010
15 Hours CME in Ethics, Researches Integrity and Good Clinical Practice. Feb, 2011 University of Pittsburgh, Center of Continuing Education in Health Sciences - PA, USA	2011 - 2012
Certified Cardiopulmonary Rescuer Saudi Heart Association, KSA	20th - Feb 2011
The Holistic Approach Symposium King Fahd Medical City - Riyadh, KSA	3rd - 5th Nov, 2008
Symposium on Challenges in the Rehabilitation of Spinal Cord Injury"; King Fahad Medical City, Riyadh, Saudi Arabia	- January, 2007
Assessment of Physical Fitness King Faisal Specialist Hospital & Research - Riyadh, KSA	6th - 7th May, 2008
2nd Gulf Colloquium for Physiotherapy King Fahd Hospital - Alkhobar, KSA	28th - 29th Nov, 2007
Heart failure Management Prince Sultan Cardiac Center - Riyadh, KSA	13th - 15th Nov, 2007
The International Physical Therapy Of "New Horizons In Rehabilitation" Sultan Bin Abadulaziz Humanitarian City - Riyadh, KSA	6th - 8th Dec, 2005

Research and Publications

Physical therapy intervention in post stroke shoulder subluxation : A narrative review.

Majmaah Journal of Health Sciences,2017

Cross-Cultural Validation of Urdu Version KOOS in Indian Population with Primary Knee Osteoarthritis

International Journal of Rheumatology,2017

Patient-rated outcome measure using disease-specific KOOS-ps short form Arabic questionnaire in knee osteoarthritis

International Journal of Physiotherapy,2018

Work-related musculoskeletal disorders among faculty members of college of Applied Medical Sciences, Majmaah University, Saudi Arabia: A cross-sectional study

International Journal of Health Sciences,2018

Computer-related health problems among university students in Majmaah region, Saudi Arabia.

Biomedical Research,2018

Effect of Brain Computer Interface (BCI) in stress induced loss of cognition in hippocampus of Wister albino rats

International Journal of Health and Rehabilitation Sciences,2018

Physical Therapy Utilization and Patients Characteristics among Home Health Care Beneficiaries with Cerebrovascular Accidents in Saudi Arabia

International Journal of Health and Rehabilitation Sciences

Relation Between Night Eating Syndrome and Academic Grades Among University Students

Turkish Journal of Endocrinology and Metabolism Association

Physical Function and Quality of Life and Modification of Authentic Islamic Prayer Procedure by Osteoarthritis Knee Patients in Saudi Arabia: A Cross-sectional Study

Journal of Religion and Health,2019

Knowledge of the segmental anatomy of liver and its importance.

International journal of scientific research, 2018

Preliminary analysis of perception, knowledge and attitude of home health patients using tele rehabilitation in Riyadh, Saudi Arabia

Biosci. Biotech. Res. Comm, 2019

Is Stiff Person Syndrome Benefited by Physical Therapy Intervention? Summary of Case Reports

BioMed Research International

A study of health and wellness and its knowledge among non-teaching staffs of College of Applied Medical Sciences, Al Majmaah, Kingdom of Saudi Arabia

Asian Journal of Pharmaceutical Research and Health Care

Current scenario of evidence-based-practice and rationale of preferred approach in stroke rehabilitation among

Saudi Journal for Health Sciences,2019

Fall prevention knowledge and practice patterns among home healthcare professionals in southern Saudi Arabia: an observational study

JIMR,2018

Comment on: Body mass index and periodontal health status among young Saudi adults: a cross-sectional study

Annals of Saudi Medicine 2020

Comment on: The association between the timing of energy intake and the risk of overweight and obesity among Saudi female university students

Saudi Med J 2020

Cross-cultural adaptation, validity, and reliability of the Neck Outcome Score (NOOS-Ar) among the Saudi Arabian populace

IOS press 2020

Awareness of patients with multiple sclerosis in Saudi Arabia regarding the relationship between smoking and multiple sclerosis

Neurosciences journal, 2020

Comments on reliability and validity of X-ray findings in cervical dysfunction: A brief review

Saudi Journal of sports medicine, 2019

Effect of Mental Imagery On Upper Extremity Function in Chronic Stroke Patients

Archives of Physical Medicine, 2019

Current Physical Therapy Practice in the Intensive Care Unit in Saudi Arabia: A Multiple Centre Cross-Sectional Survey

Europe PMC Journal, 2019

Effect of Isokinetic Training on Burned Patient Muscle Strength: A Systematic Review

World Wide Journal of Multidisciplinary Research and Development , 2019

Knowledge, Attitude, and Barriers to Telerehabilitation-Based Physical Therapy Practice in Saudi Arabia

Health care 2020

Physical therapy in cervicogenic dizziness

Saudi Journal for health sciences, 2020

Diabetes mellitus, metabolic syndrome, and physical activity among Ethiopians: A systematic review

Diabetes & Metabolic Syndrome: Clinical Research & Reviews 2021

Effect of Walking on Sand with Dietary Intervention in Overweight Type 2 Diabetes Mellitus Patients: A Randomized Controlled Trial

Healthcare Journal, 2020

Obstructive sleep apnea screening in young people: Psychometric validation of a shortened version of the STOP-BANG questionnaire using categorical data methods

Annals of Thoracic medicine ,2020

Psychometric Properties of the Athens Insomnia Scale in Occupational Computer Users

Healthcare Journal, 2020

Generalized joint hypermobility among school-aged children in Majmaah region, Saudi Arabia

PeerJ Journal, 2020

Physical Function and Quality of Life and Modification of Authentic Islamic Prayer Procedure by Osteoarthritis Knee Patients in Saudi Arabia: A Cross Sectional Study

Journal of Religion and Health, 2019

The awareness and perception of physicians about physical therapy role on patients with diabetic peripheral neuropathy in Saudi Arabia

International Journal of Health and Rehabilitation Sciences, 2019

Health Association Memberships

- Saudi Physical Therapy Association
- American Physical Therapy Association

Self - Development courses

- Total Quality Management"; California, USA, 10 Hours. - 22/02/2015: "
- "Leadership for Frontline Manager to Top Executive", California,-23/02/2015:
- Strategic Management", California, USA.-23/02/2015: "

References

- **References available upon request**